



**If you have a minor injury  
call MIA the Minor Injuries  
Assessment service on**

**01324 566130**

**You will be offered an appointment to  
visit a Minor Injuries Unit or a virtual  
video assessment**

**Available 9am - 9:30pm**

**7 days a week**

Offering video consultations for minor injuries means that patients can be seen at a convenient time from the comfort of their home or workplace.

You will need to use a device such as a smartphone, tablet or computer with a webcam. At the time of your appointment, simply click on the link provided which will open a live secure chat.

An experienced practitioner will then ask you questions, perhaps look at the injury and advise you on the next steps.

These may be:

- Self Care Advice
- Ask you to attend the Minor Injuries Unit either same day or next day (an appointment time will be given)
- Use local services such as a Pharmacy

### **Injuries that ARE suitable for the Call MIA service**

- **Strains, sprains and suspected broken bones**
- **Infected wounds**
- **Minor burns**
- **Cuts and grazes**
- **Minor eye and ear injuries**

### **Patients NOT suitable for the Call MIA service**

- **Those who need emergency care (e.g. for chest pain, loss of consciousness or severe bleeding)**
- **Injuries from more than two weeks ago**
- **Patients who are seeking a second opinion**
- **Children under the age of one**